



November Science Cafe

You Are What You Eat: America's Relationship with Food

Friday, November 19, 2010
5:30 - 6:30 pm
Arizona Science Center

600 E. Washington Street
Phoenix, AZ
602-716-2000

The American diet has changed dramatically over the last 60 years, spurred by the popularity of processed foods. Despite radical advances in the technology behind food production, our collective health has been in steady decline. With so many food options, how do we choose what we eat and how will those choices affect our future?



Dr. Kirstin Hendrickson

Lecturer,
Department of Chemistry & Biochemistry
College of Liberal Arts & Sciences
Arizona State University

Dr. Scott Lefler

Senior Lecturer,
Department of Chemistry & Biochemistry
College of Liberal Arts & Sciences
Arizona State University

Science Cafes are free, informal discussions that bring together members of the community and university scientists to discuss how science and technology can change the future.

In the typical cafe, a scientist speaks for 5-15 minutes on a topic, with the rest of the time for the public to ask questions and present concerns.

Teachers receive 1 hour professional development for each cafe attended

